

# SUPPLY LIST: Portraits from the Ground Up - Menucha 2026

Feel free to contact me if you have any concerns or questions:

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## Required

- ☐ **Watercolor pigments**, pan or tube. **YOU DO NOT NEED TO BUY NEW PAINT!** I will have extra to share, courtesy of M. Graham paints. If you have these already, please bring them.

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| <b>Payne's gray</b><br><b>Quinacridone rust</b><br><b>Quinacridone red</b><br><b>Nickel Quinacridone gold</b> | <b>Gamboge yellow</b><br><b>Phthalocyanine blue</b> (green shade, if shade is specified on the tube) |
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I also often use Ultramarine Blue, Sepia, Indigo, Burnt Umber, and Cadmium Red. Bring any other shades you like.

- ☐ **100% COTTON Watercolor paper, cold press, 140lb.** At least 9x12" or similar size.

*Windsor & Newton Watercolor blocks are recommended but you are welcome to mount your own loose sheets on a board. We will be experimenting with isolated exercises as well as working on actual portraits, so you may prefer to use loose or scrap paper for these cases. I recommend using high quality cotton paper even for exercises.*

- ☐ **Brushes** appropriate for watercolor. I recommend at least:

- A round brush with tapered tip and good water holding capacity
- A large and flat brush
- A small flat brush with stiffer bristles for scrubbing/lifting pigment from small areas
- A few teeny brushes for finer detail
- A small rubber tipped "brush" for frisket application (I have extra to lend, if needed)

- ☐ **Blotting rag.** Paper towels ok
- ☐ **Mixing wells or palette**
- ☐ **Wash jar(s)** for water
- ☐ **A pencil and good quality eraser.** A **kneadable eraser** will come in handy if you have one.
- ☐ **Fine mist spray bottle with clean water.** The spray should be very light, close to a mist.
- ☐ **Frisket removable masking fluid + rubber brush.** Don't skip this!
- ☐ **A sketchbook / concept notebook.** Does not need to be new. Any blank paper type is ok.

## Optional, but recommended

- ☐ Drawing charcoal: both soft willow charcoal and hard compressed charcoal. I will have extra to share, if needed.
- ☐ A personal device of some kind, such as an ipad or a laptop. This is not required, but it's a great way to get close up and personal with the reference photos. We will also talk about the basics of editing, storing, and sorting your own reference photos.

- ☐ A stand or table easel if you need to work upright. I usually work flat.
- ☐ Blue tape or artists tape for edges
- ☐ Desk lamp if you prefer to work with more light
- ☐ White ink or gouache, to be used very minimally